

QUARTERDECK

FRESH JUICES

Grapefruit	9	
Orange	9	
Pineapple	8	
Apple	8	
Smoothie of the Day	16	

TEAS & COFFEES

Teas	8	
English Breakfast, Earl Grey, Organic Green Tea or Mint Verbena		
Coffee, Espresso, Decaffeinated		9
Hot Chocolate	9	
Coffee Latte, Iced Coffee, Double Espresso, Cappuccino		12

CONTINENTAL FROM THE KITCHEN

Home Baked Pastry		(Per serving) 8
Croissant, Muffin, Pain Chocolate, Banana Bread		
White or Whole Wheat Toast: Selection of Preserves and Butter		10
Assorted selection of Cereals		12
Corn Flakes, Raisin Bran, Bran Flakes, Weetabix		
Seasonal Sliced Fruits		24
Cold Smoked Salmon		36
Cream Cheese, Capers, Horseradish Red Onion, Bagels		

MAIN DISHES

Raisin Cinnamon Porridge Whole or Low Fat Milk		
15		
Buttermilk Pancake, Maple Syrup		
15		
Cinnamon French Toast, Berry Compote, Toasted Almonds		
15		
Boiled eggs and Soldier		22
Eggs Florentine, Spinach		
26		
Egg White and Spinach Omelette		
26		
Three Egg Omelette, Ham, Cheese, Mushroom or Spinach		
28		
Eggs Benedict, Ham or Smoked Salmon		
28/36		
Scottish Smoked Salmon, Scrambled eggs		36
Caribbean Breakfast		36
Creole Flying Fish, Peppers, Tomato, Cucumber, Plantain		
Full English Breakfast		44
Sausage, Bacon, Mushrooms, Grilled Tomato, Eggs, Potato cake		

